



# 's Raw Food Underground

## For-Get Cooking Raw Gourmet Class **Café Favorites**

**When:** Sunday, April 13, 2008, 10 AM-Noon

**Where:** West Palm Beach - Graziano's at the Emporium Shoppes  
4595 Okeechobee Blvd., Just West of Military Trail

**Cost:** \$50 - Investment in Your Health

*Space is extremely limited so register now!  
Pay in advance to guarantee your seat.  
For more information, visit the website or call (561) 901-8097.*

This class takes you way beyond the fundamentals and into the intricacies of gourmet raw food preparation.

*Comfort food done the gourmet raw way.*

This class will cover:

- How to make Fettuccini Alfredo
- How to make the Rustic Puttanesca
- How to make Pesto Impasta
- How to make the Lemon Cheesecake
- How to make the No Bean Hummus



Instructor: Vinnette Thompson, chef at Raw Food Underground

[www.rawfoodunderground.com](http://www.rawfoodunderground.com)



# 's Raw Food Underground

## For-Get Cooking Raw Gourmet Class **Café Favorites**

**When:** Sunday, April 27, 2008, 10 AM-Noon

**Where:** West Palm Beach - Graziano's at the Emporium Shoppes  
4595 Okeechobee Blvd., Just West of Military Trail

**Cost:** \$50 - Investment in Your Health

*Space is extremely limited so register now!  
Pay in advance to guarantee your seat.  
For more information, visit the website or call (561) 901-8097.*

This class takes you way beyond the fundamentals and into the intricacies of gourmet raw food preparation.

*Comfort food done the gourmet raw way.*

This class will cover:

- How to make the Burger, Fries, Marinated Onions, Cheese and Catsup
- How to make the Cesar dressing, cheese and croutons



Instructor: Vinnette Thompson, chef at Raw Food Underground

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